

#### PROCESS INDUSTRIES DIVISION

LATEST NEWS, RESEARCH, THOUGHT LEADERSHIP, JOBS, EVENTS AND TRAINING IN YOUR INDUSTRY OR SECTOR.

# **Mentor Forum**

MS Teams Meeting

12:45-13:30 GMT on 12th March 2024

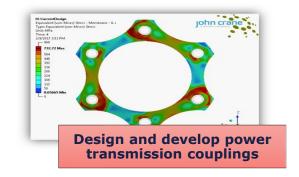


This month we'll be joined by Murat Islam, BSc MSc PgCert CEng FIMechE. He is the Lead Engineer, Global Couplings Engineering at John Crane UK Ltd and Vice Chair, IMechE Process Industries Division Board. Murat will share his thoughts on mentoring with us and how his volunteering activities have helped him develop in his career as an engineer.

Improving the world through engineering

# **DAY TO DAY**























## PROCESS DIVISION EVENTS

https://nearyou.imeche.org/near-you/UK/North-Western/event-detail?id=20849

Organised the most attended Process Division Event: 722 Registered and 461 Attended

#### Mechanical Sealing Technology

Add to your calendar

Last updated - 26/01/2023 17:52

Technical lecture

09 February 2023 12:00 - 13:00

Status: This event has finished

#### Description

To book your place on to this event, please click here.



#### **Mechanical** Sealing **Technology**

by Ian Gaffing

Thursday 9th February 2023 12:00-13:00 UK GMT

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2023	2023	2023		
	Registrants	Attendees		
Complete	Total	Total		
12				
13				
2				
27				
	4110	2501		
Webinars	3833	2224		
Seminars	184	184		
Workshop	13	13		
Hybrid				
In person	80	80		

Date 🚚	Event ▼	Certificates 💌	LinkedIn 🔽	Feedback
11-Dec-23	Strategies and Tactics to Decarbonise Heating & Cooling	7	168	
30-Nov-23	Energy Transition - Geothermal Energy - Opportunities and Barriers for	15	130	
08-Nov-23	The Present Oil and Future Liquefied Gas Large Scale Marine Transfers	10	130	
05-Oct-23	Energy Transition - Commercial Opportunities and Barriers for the Trar	21	197	4
07-Sep-23	Picking the right Condition Monitoring (in person £40 seminar)	49	43	5
21-Jun-23	The Energy Trilemma	28	121	6
07-Jun-23	The Future of International Collaborative Engineering	9	0	3
24-May-23	Energy Transition - How can localised successes be used to Influence tl	7	102	2
04-May-23	Condition Monitoring – Using Simulation to Enhance Asset Manageme	14	57	1
24-Apr-23	Change Management - Making sure changes don't lead to catastrophe!	21	248	4
20-Mar-23	Intro to the Process Industries - What it means to be an engineer in the	11	9	1
03-Mar-23	Realising Value in Innovation and Diversity	1	70	4
09-Feb-23	Mechanical Sealing Technology	88	346	12
26-Jan-23	Re-engineering for Sustainability	22	272	6
17-Jan-23	Treasuring the planet's resources for the future	5	8	0
15-Dec-22	Energy Sustainability - The Challenges	13	15	2
10-Nov-22 An Introduction To The Engineering Opportunities In Bulk Materials		1	37	1
18-Oct-22 Improving food quality & minimising risks with steam		3	208	6
12-Oct-22	Safeguarding Against Hazards from Machines	25	62	4
26-Sep-22	Energy Security	27	177	4
06-Sep-22	Performance reporting	21	326	7
20-Jul-22	Condition Monitoring	18	32	1
10-Jun-22	Couplings	4	356	7
16-May-22	Finding the Causes	32	105	17
05-May-22	Engineering in the Energy	4	48	4
	The Energy Transition	5	6	4
18-Mar-22		6	93	0
02-Mar-22	Critical Thinking	13	7	8
28-Feb-22	Wind Energy	37	33	7
10-Feb-22	Intro to Water and Food	11	57	11
04-Feb-22	Actions for the engineering profession from COP26	0	8	0
	Geothermal Energy - Its role in the Energy Transition	0	222	0
	Hydrogen - its role in the Energy Transition	0	244	0
03-Dec-21	Strategic Innovation and the Impact of External Stakeholders	0	182	0
16-Nov-21	Leadership in process safety – learn the lessons	0	183	0
10-Nov-21	IMechE Webinar H2 Hydrogen: Powering UK Net Zero and Teesside	0	7	0
02-Nov-21	CCUS - its role in the Energy Transition	0	3	0
27-Oct-21	Heat Exchanger Pressure Relief	0	1	0
15-Oct-21	The Air-Hood for Covid Protection	0	4	0
27-Sep-21	Introduction to the Process Industries	0	169	0
	Engineering Graduates for Industry: The Educator's Perspective	0	168	0
06-Sep-21	Oil Industry Skills Are Helping New Energy Technologies	0	15	0
15-Jun-21	Engineering Graduates for Industry: The Industry's Perspective	0	7	0
	Engineering Graduates for Industry: The Students' Perspective	0	4	0
	Additive Manufacturing: 3D Printing Composite Reinforced Parts	0	4	0
03-Jun-21	Impulses to Innovation: The 3D Printed Response	0	2	0
02-Jun-21 Steal with Pride! Learn from the Mistakes		0	8	0
31-Mar-21 Surge Awareness		0	280	12
	Seminar: Next-Generation CFD	0	10	0
	Engineering Graduates for Industry: Rethinking Our Approach	0	430	0
	IMechE and Data Centres	0	324	0
	51	528	5738	143

# **IMECHE VOLUNTEERING**

Process Industries Division Vice Chairman, Jan 2024 - Present Professional Review Interview, Panel Chair, Nov 2021 - Present Industry Liaison Officer for John Crane UK Ltd, Jun 2019 - Present Process ID NWC, Committee Member, Apr 2019 - Present Greater Manchester Area, Committee Member, Sep 2017 - Present Power ID NWC, Committee Member. Sep 2017 - Present North Western Region, Social Media Secretary, Jun 2019-Feb 2023 >> Fatemeh Shahbazi

St. Mary's Careers Convention stand volunteer – 2018 & 2019

Lancashire Innovation Festival 2022 Communication Inclusive Leadership Workshop Conversations IMechE Dotdigital Platform Influence and Negotiation IMechE D&I Podcast Course- Institution's eLearning Collection

IMechE Composite Materials and Sustainability Conference

IMechE Exploring Belonging Training

MENTORS

PRI Training Webinar

IMechE - Being an Ally

IMechE EMS Conference

Young Members Board, Process ID Representative, Oct 2020 - Jan 2022 >> Stephen Soleye Professional Review Interview, Co-panellist, Jul 2018 - Nov 2021 Lancashire Area, Committee Chairman, Apr 2018 - May 2020 >> Kevin Goode Lancashire Area, Committee Vice Chairman, Jul 2017 - Apr 2018 Lancashire Science Festival stand volunteer – 2017 & 2019 CHAIN Manchester conference marketplace stand volunteer for the IMechE - 2020 CHAIN Manchester conference speaker for the IMechE - 2019





Registered

16 November 2015

Lancashire Area, Committee Member, Dec 2015 - May 2020 (Thanks to my CEng sponsor, Paul Shechter)

# **MENTORING - WHAT WORKS FOR ME**

#### as a Mentee

- 1. I identify what I want to achieve.
- 2. I do online research on how to get there.
- 3. I build a rough plan with milestones and clearly define my specific objective.
- 4. I identify people who achieved this already.
- 5. I discuss my planned milestones with them.
- 6. I check if they are the right person to mentor me in achieving this objective.
- 7. I get an agreement and setup meetings as needed to create my new tasks and actions.
- 8. I continually reflect on my actions and report to my mentor until I celebrate my achievement with them.

#### as a Mentor

- 1. I manage my time commitment in a shared calendar. (timeboxing via <u>Google calendar</u>)
- 2. I seek potential mentees. (<u>LinkedIn</u>)
- 3. I encourage them to achieve something I already achieved by discussing how it benefitted me.
- 4. I clarify the process to them.
- 5. I get them to own the process, and setup meetings via my open appointment calendar.
- 6. I get them to summarise our meetings and confirm their tasks and actions.
- 7. I get them to reflect on their actions and report to me until we celebrate their achievement.

# **MENTORING**

### Bottom line

Mentoring **starts with the mentee**.

Mentee must **desire to achieve** an objective.

Mentor's responsibility is to help them to create a Specific, Measurable, Achievable, Relevant, and Time-bound, **bold SMART objective**.

• I will be a CEng in 12-months.

Mentee must demand new actions.

- What should I have done to achieve this?
- What should I do next?

Mentor must help define **knowledge gaps** and next best **actions**.

Always use **positive language**.

Beware of **capabilities** and **limitations**.

Mentoring should **transition to Coaching**.

Challenge is to **keep on track**.

# WE LOOK FORWARD TO HEARING FROM YOU.



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